The basic introduction into the alien/ufo world.

Foreword.

Before reading any farther, I recommend you read the disclaimer at the end of this guide. I am not responsible if you do not read it.

The information in this guide is strictly there for your interpretation, it is not fact, but it is common belief. It is yours to read and decide what you personally believe through your personal interpretation of what is covered in this guide.

This guide is just a bit of information to get a person started in the world of alien and UFO research, investigation, or just curious interest in the subject. It is not intended to make anyone an expert on the subject and should be used only as a stepping stone.

This guide was made by an amateur in the field of alien and paranormal research, so all information is subject to errors, misspelling, and all types of mistakes. If you should happened to come across one, please contact me, contact information is available at the end of this guide.

Section 1

-Aliens and such.

During any research into the filed of the paranormal, or the field of UFO and alien, you are going to come across different types of alien beings. So it's essential to learn some of the basic alien types before you can do any research.

I'll start with the most common type.

-The Greys.

Commonly described as being shorter than a human, usually 3-4 feet tall, but some reports have claimed to see taller ones. They are humanoid looking, and usually look grayish bluish to plain grey. They are reported to have large eyes, small mouth and no visible nose.

They usually come in two sizes, but not always.

- -The first, short 3-4 feet, with limbs propionate to their bodies.
- -Second, taller, and lanky with long limbs.

They are supposedly able to communicate by using telepathic abilities, and are able to use those same powers to immobilize people. Some have claimed that wearing a foil hat will stop this from happening.

The Greys, some believe are scientist, they are trying to learn as much as possible about earth and other planets and any creature that inhabits it. This includes people, as we are the dominate species on the earth, so why not study us.

Greys are reportedly having trouble reproducing, or in some cases, unable to as they lack the necessary "stuff" to reproduce with.

-The Reptoids

Taller than Greys, 5-9 feet tall, and sort of resemble lizards that walk on two feet, some have tails, others don't. They have 3 fingers, witch have short blunt claws. Some believe that they are the Greys overlords. Some believe that there are Greys living on earth in underground bases. These Reptoids are believed to live on human blood.

There are many other alien types, so many so that it would be impossible to list them here as this is a basic introduction, but these are the two most common types.

-Hybrid

Depending on the hybrid's mix is what it will look like. Some of the hybrid types include: Grey – Human hybrid Reptoid-human Reptoid-grey.
And the list goes on.

- Abductions

-common reports.

The most common type of abduction is report include some of the following details, some may include all while some may not include any of these.

The abductee will report seeing the bedside clock at 12 midnight or some time near, and then their next memory will be then looking at it at 4 a.m.

The abductee will wake up, but be unable to move.

The abductee will feel a pressure of sort, like a weight on his or her chest.

The abductee will fell the presents of "something"

The abductee will see a light coming from his or her window

The abductee will see shadowy figure(s) around his or her bed or in the room.

The abductee will feel something, touching their skin

The abductee will actually see the other being/beings.

The abductee will be taken into the ship

the abductee may not remember some details, as the grey commonly use amnesia, they implant other images, of animals, implanting a false memory, or totally erase the memory and leaving a "black hole" were the memory should be.

But if the abductee is able to remember this, or gets the memory back via hypnosis or some other means, then some have reported the ship's inside to be.

The ship will have an odor, like a must*

The ship's inside is lit with a brilliant white light, or a plain bright light.

There may be a mist/fog on the ships floor.

The ship has more than one corridor and may have more.

The walls are sometimes hard to get detail, as the abductee may only remember what is just a few inches from them.

They are usually immobile and on a table with Greys leaning over them

The abductees are usually in a room, something being a large room with a second level with observers on it.

There are sometime panels with light and computer like devices on the walls

The entrance to the ship is remembered as a ramp, and a sliding door that is in the exterior wall of the craft.

Most abductees will report that the Greys were the abductors. The reported reasons for this are: they are doing some kind of research or trying to learn something about us, or just something in general, they are trying to make hybrids, doing research in reproduction, taking human sperm and eggs to make hybrids, or implanting devices, many times, they are getting human D.N.A. and this can sometimes lead the Greys to abduct from the same generation and the abductee's children or grandchildren will get have an abduction experience resembling theirs.

Sometime the abductions are remembered as painful, sometimes they are not, and some can't even remember. Abductions vary and have different outcomes and will happen in many different ways.

Abductions will sometimes cause the abductee to have horrible experiences afterwards, like always feeling ill, paranoia, loss of sleep; skin will be pale for a while, waking up in a cold sweat, and loss of appetite. Sometime the abductors will come back for the same person, sometimes the next night, or even years later.

-controversy over abduction memories.

There is always a debate over did an abduction really happen. Of course there will always be skeptics, no matter what happens. But other time there will be people who lie, hoax and fake things, sometimes to get attention, and other times, just for the sake of it, and still there are those who want to debunk the whole alien thing by lying and getting people to believe and then putting that as evidence that everything anyone has ever said is a lie.

-hypnoses

The use of hypnoses to get a memory back has some researchers and various other saying that it isn't a reliable method for memory recovery. Their arguments include things like hypnoses, if done to someone who only thinks this, or if its just a case of over imagination form television or other types of media, then that person will form that into what they think is an actual memory and believe with 100 percent that that is what really happened to them, and that no mater what, it's the truth.

-R.E.M.

Researchers have done studies about the whole phenomena of abductions and also did experiments with patients in R.E.M. R.E.M. stands for rapid eye movement, to put it simply; it's the period when we dream, and during this period, the brain will shut off the ability to move, and sometimes when awoken in this state, the brain will sometime "forgets" or isn't able t to turn movement back on in time, and that person temporality feels immobile, and will experience some of the same effect that abductee's commonly report.

-medieval times

As discussed earlier, waking up during R.E.M. can produce similar experiences to an alien abduction. During the medieval ages and even after, people would experience these effects and would wonder what happened. It, at the time, was thought to be a monster that would sit on an unchastely woman, or someone who has sinned.

I have just listed some of the most common abduction experiences and even the most common arguments against them. As I stated there are many argument points to and against abduction, it's your choice on which side you take, but remember that some may be real and others not.

Section 2, U.F.O.

-unidentified flying objects.

There are countless cases of people seeing a UFO. Many of these cases are as simple as the person mistook an every day aircraft as a UFO, or that there were environmental conditions, such as fog or high humidity that caused the person to see think they saw a UFO, or to make an ordinary aircraft look different enough to be unidentifiable. Remember if some one says they have seen a ufo, it does not mean that they saw a craft piloted by a creature not from this earth, just means it was hard to positively identify what they were seeing at the time.

- Types of UFO

Many types of UFO have been reported. The more common types include:

-cigar shaped.

As the names states, its cigar shaped, can be silver or a few different colors like black or so. Some people say that they've seen these high up, and that they were larger than normal, and that they were a carrier, that is, smaller craft came out of it.

-saucer

These are saucer shaped, and are the most common in movies, TV. and other forms of media. Also known as disk.

-orbs

These are orbs of light, can range in color from white to green, or blue, and may even be a combination. Some are reported as looking like nothing more that an orb of light, and others are said to have a metal core or a craft inside the light. Said to be able to fly at high speed, do hair pin turn, they also fly slow or hover, and can emit a "search light" are rimes.

-mushroom or jelly fish

Looks like a mushroom cloud or a flying jelly fish. Believe to be the result of the crafts hull being an extremely different temperature of the earth atmosphere and thus forms a cloud like substance around it. Some believe these are only clouds, while some say it's a UFO hiding in a cloud.

-egg shaped

These are usually smaller, and shaped like an egg.

These are some of the types of UFO you will encounter. There are numerous types that weren't mentioned here. There are also loads of picture of them, some dating back to B.C.E. times, some claim to see them in paintings in the bible, and some are modern pictures.

Before I start, ill tell you, I'm not an expert on hoaxes or making them, but ill tell you what I do know. There are many ways to make a hoax, and people out there will make them just for the heck of it, some for attention, and other to try to prove that all UFO pictures are faked as well. I will try to describe some of the ways that a hoaxer can produce a picture of an alleged UFO.

-string and a bag.

This is a simpler way, it just takes practice, and two people, first you take a pole, tie a plastic grocery bag on a long string to the end and run on the edge of a farming field of tall grass to hide your body, the bag will fill up with air and fly like a kite, the other person films this, and the end will show a orb flying around. They sometimes use computers to enhance the video, or make it move around. Some have even made them look as if they are in the process of creating a crop circle.

-miniatures

It's an old movie trick. You just get a miniature model of like a house and put a back drop behind it, and then dangle a small model ufo near it and take a picture.

-string and UFO

The hoaxer will take an object and hang it on a stick with a piece of fishing line or string, then stand behind the camera and dangle it into the camera's field of view. May use computer editing.

-computer editing

May create a UFO entirely using computers, or they may take a picture of an object and then edit it on a computer. This is becoming a more popular selection for hoaxers. Many times the picture is obviously computer made, as its poor quality, but others are hard to tell.

The increase in hoaxing only makes it harder to distinguish between authentic UFO pictures and movies. It also makes it harder to argue with a skeptic about a picture, or to convince people what you took a picture of was really there. I don't agree with what hoaxers do, but if they want to create fake UFO pictures, it's their choice to do it, and I can only argue that I don't agree with it.

Section 3, U.S.O.

-unidentifiable submerged object.

There have been many case were people have seen an object under water, have seen it enter/leave the water, or have even picked one up on a sonar device. Some navy personal from across the global have reported seeing a USO, either in person, or while looking at a sonar screen, some have been people on shore, or on a boat and have seen some unexplainable things.

Usos are less understood than UFO, as fewer sightings have been made, and as most people don't have the capabilities to hunt them, unlike UFO, which is simple, look up, and watch. To my knowledge, there are a few types. They resemble UFO types, like carrier and such, there shapes range from disk to squid looking things.

Some reports of Usos include the following:

The craft entered the water from the sky

The craft exited the water; they can sometime, fly off, go back under, or hover.

The craft was seen going thought the water by visual means. Sometime at incredible high speeds.

The craft was spotted on sonar going thought the water, sometimes at speed of up to 200 knots.

The craft was seen gliding across the water, sometimes it submerges, other times not.

A person sees lights going through the water, sometimes the craft, sometimes just lights.

The thing about USOs is that no navy of any country has released any information on them, or any research done on them. Unlike UFOs, were armies and air forces have released to the public, information and research that they have done into it, but that's not the case with USOs.

During the cold war, some navy personal have reported that they have seen things on the ships sonar and assumed it was a submarine from a hostile country and attacked it. When they tried to attack it, the craft would speed off at incredible speeds, or would dive to debts that defy human ability, or they would simply fly away.

Some have speculated that there are secret USO bases underwater, as humans know more about the face of mars, than they do about the ocean floor. Some believe the military or government is working with these USO or that they are human made and so are the top secret underwater bases.

Section 4 crop circles.

- Them things in the wheat fields

Crop circles have been around for a while, and come in many different shapes and sizes They usually happen in large farm crops but have been known to happen in grassy

fields, someone's yard, the sand, snow, ice, and even in a patch of trees. They can appear almost anywhere and people have many explanations for why and how.
Some of the answers that people have come up with include:
Aliens form another planet.
Some form of higher being.
Some form of supernatural being or forces.
Wind
The moon's gravity
Cosmic radiation.
Hoaxers
Helicopters.
There are many reasons why some believe they are created. I will list them under what created them.
-aliens.
To try to communicate with us.
It's just them landing their craft and that is what the imprints look like.

They are expressing themselves through them, like youth and graffiti.

They have created a landing pad, and will be landing there.

They are communicating with another creature, like another one of their kind, or another race.

They are some how linked to the military purposes. Like coded messages to them.

Could be advertisements, as earth could be a tourist spot for them, or it's a pit stop or something, and these are their billboards. (I personally love this one, though that

doesn't mean I personally believe this, it's a great theory, there also includes one that there are cosmic highways)

-some form of higher being

Communicate with us or other beings.

Express "its self", what ever "it" may be

-supernatural being or force.

Same as above.

-wind, cosmic radiation, moon's gravity.

There really isn't one, outside a scientific explanation that has been observed before.

-hoaxers

For attention

To express themselves

To mess with believers

They might even get a kick out of it.

-helicopters

Well they blow wind down, so it hits the fields and flattens out the crop.

There are many other reasons for how and why, but this is just an introduction. There are also many people that believe that crop circles will attract UFOs, so they either make them, or wait by one that has been made, some even believe they have some form of "power" even to go as far as saying healing abilities.

There are many ways people try to distinguish real form hoax. Some include:

Finding a high metal content in the crop circle, but some hoaxers have said they threw iron shavings around when creating, and many have found these shaving under the crop.

Having the nodes ruptured from the microwaves or radiation from a craft landing. But some people have said this will happen even when a hoaxer used a simple 2x4 to create a crop circle.

Section 5, the Government

-the g men and aliens.

There are countless conspiracy theories, and countless people who say the government is link to all this, either they do it, or they are linked to aliens or something. More details below.

The government is said to be tied to everything I covered above in many ways, some crossing, other not, depends on what that person believes. Some of these include:

The government is directly responsible for everything, no aliens, just top secret stuff.

The government is responsible, but has alien help.

The government isn't directly involved, but helps

The government only benefits form it by ignoring it.

The government knows, but isn't helping or benefiting it.

The government is innocent.

Some of these will cross paths with others, some wont. You will encounter more explanations, but I only chose to list a few. Choose what you want to believes at your own will.

There are a number of common government activities and such that you need to know of, I will list a few of them.

-Area 51

A top secret military base built on the dried bed of Groom Lake in the desert of Nevada. Supposedly the site were the military does testing on UFOs, aliens and new technology. Some say that aliens land here and work with the government. It shrouded in mystery, and the military, till recently, denied that anything was out there. People have said on the perimeter is a barbed wire fence with no trespassing signs that warn of death if crossed, they say they have seen armed soldiers patrolling the area, and have seen allsorts of things, many have pictures to back it up.

Many people say they see weird things flying around that area; a lot of video is available also. They see orbs flying around and doing rolls and turns at very high speed, they see craft that are seen no were else before and see things going to and from the base, and even fly up to space.

What we positively know to be truth about area 51. It is a government test facility for aircraft, possible other technology, the u2 and other formally secret, high performance aircraft. They did also have some flops, like the experimental flying disk, it could barley make it off the ground. We have satellite pictures of it, and can prove that its there, the government will acknowledge that there is "something" there, but that's all. We also know that it's a top secret military base that the military wants no unauthorized person near.

-MIB

Yes, I'm aware of the movies with will smith in them, and they are something like the MIB. They are a government group that researched UFOS and also "investigates" witnesses. Reports of them say that they were black suits and like to intimidate witnesses into forgetting what they saw. They wont hesitate to use any means to make sure something stays as secret as can be, sometimes this works, other times it doesn't.

These are not the kind of people you want to drop by your party. I personally don't know how many death threats that they have actually done to people who defy them, as they wouldn't have a hard time covering it up. I wonder how many people are listed as missing because of them, and how many innocent people are in jail or at death row because of them?

Special thanks goes to

(Will be added when in the final version.)

-contact information

This guide was made by Castle_ahh with help from those in the special thanks section.

To contact Castle_ahh, please send an e-mail with the subject line as *About your guide*, or something very similar, to

Castle ahh@hotmail.com

Please include that you intended the email about this guide,

Please contact me about errors, misinformation, compliments, complaints, would like me to edit something, or add something, or if I've plagiarized you (be able to back it up and prove it) or if I've offended you in any way.

-Disclaimer.

-distributing

This guide is my property and may be distributed freely at will, as long as the distributor does not try to sell this guide, or make a profit of any kind, or charge any amount of money/or trade, and does not try to take sole responsibility of this guide.

-did I offend you

If I happened to offend you in any way, please know that it was not my intention, and that I'm sorry if this guide because you any harm emotionally or physically, but please read the following statement.

-reader's acceptance and my terms of use.

The reader accepts all responsibility of damages that may have come because of reading this guide, or if the case may be, downloaded this guide. I did not force you to read this manual, so by reading it, you agree not to blame me for damages, injuries, being offended by the material, emotional damages, or anything, good or bad, that may have happened, will happen, or is happening as a result of this manual.

-is this fact?

This manual is not fact, it is simply information given to you to form your own opinions about the subject. It is information that I have hear of, read, seen, or obtained, from other people, and it is what is commonly believed by some people, but not all people. You can, if you choose, to disagree with anything you read here, you may choose to agree with it all, any choice you make is yours, no one else's.

.